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# COMPARISON OF PROVINCES OF TURKEY IN TERMS OF ACCESSING HEALTH CARE SERVICES BY USING DIFFERENT CLUSTERING ALGORITHMS

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# ABSTRACT

The most primary of the basic human rights is to have access to health care services. It is vital that all citizens in a country are able to get these services equally and homogeneously. Despite its importance, providing health services vary both internationally and nationwide in a country. Similarly, it may cause severe disparities and negative effects between individuals in a society. The primary concern of this study is to determine whether there is any difference between Turkey provinces in terms of accessing health care services, or not. Several clustering algorithms including hierarchical clustering, k-means and partitioning around medoids (pam) are applied to the data set including 31 health indicators for the provinces in Turkey. After comparing these algorithms via using some measures for determining the number of clusters and cluster validity, the findings show that there are four distinct and significant clusters based on k-means clustering algorithm. It seems that these clustering results are in a a close reciprocal relationship with the economic development and geographical location of provinces. Clustering results are evaluated and interpreted according to these two important findings.

Keywords: Cluster analysis, Health services, Hierarchical clustering, k means, Cluster validity

# **1. INTRODUCTION**

Having access to health care services is the most primary of the basic human rights. It is vital that all citizens in a country are able to get these services equally and homogeneously. This is the necessity of health right defined as "accessing the highest health care standards which is possible" [1]. The definition of health right was firstly appeared in a universal document belongs to World Health Organization, in 1947 and given as "a birthright that is independently of race, religion, language, political view, economic and social conditions" [2].

Despite its importance, providing health services vary from both country to country and between different provinces or states in country. The standards of these services are well-balanced neither worldwide nor in a country itself. Consequently, this situation may cause severe disparities and negative effects between individuals in the society. In other words, there are likely to see preventable disparities in terms of getting the potential of being healthy between ones are part of different regions, communities and classes. Similar disparities can be found about sharing sources relevant to health services. Disparities in health care services is the major focus in Turkey health sector [2, 3].

In Turkey, some positive advances have been done in health sector by the program of transformation in health which has started in 2003. Physical and technical capabilities, labor force, financial conditions and infrastructure of health system have been reconstructed and enhanced. It seems that the positive effect of this situation increases from the east to the west of Turkey. Sharing of all health sources is in favor of the western provinces. So, the health indicators belong to east provinces are lower than the west [4,5]. In addition, there is a close reciprocal causality relationship between the health level of a society and economic development. The societies which have a certain level of economic development allocate higher share to the health. Thereby, the health awareness of individuals increases. Also, the development of health awareness expedites the economic development [5, 6].

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The primary concern of this study is to look for some insights about the following questions: "Is there any imbalance between Turkey provinces in terms of accessing health care servies?" and "Is there any relationship between the location, development of a province and the level of health services?". For this purpose, some health indicators for each province are provided from a research report of the ministry of health in Turkey [7]. Cluster analysis which is one of the most common used multivariate statistics techniques is used to examine these indicators. Different clustering algorithms results have been given comparatively. In the Section 2, literature review about related works has been summarised. The details of clustering algorithms used in this study have been mentioned in the Section 3. Some information about research problem, source of the data set and details of application process have been given in the Section 4. In the Section 5, the results of study have been presented. Lastly, conclusions has given in the Section 6.

# 2. RELATED WORKS

There are relatively few studies which are directly about heatlh care services. A great deal of previous researches into this topic have focused on human development index. Health indicators have been studied as a part of human development index. In other words, a health index representing health care services has been examined as a sub-measure of human development index and assessed a part of whole rather than individually in these kind of studies. This index consists of various socio-economic variables including some health indicators.

Hamarat [8] grouped the provinces of Turkey using health, population, economic and culturel indicators by applying cluster analysis. On the basis of squared euclid distance in Ward linkage, 8 clusters were found meaningful and significant. Besides, discriminant analysis was employed to determine whether each province was assigned to true cluster or not. Consequently both results were found agreeable.

Çilan and Demirhan [9] performed hierarchical and non-hierarchical clustering methods and multidimensional scaling to find and visualize some meaningful clusters in Turkish provinces. The data set using in this study consisted of 27 socio-economic variables. As a result, average linkage was chosen and 7 clusters were formed.

Albayrak et al. [10] used principal component analysis which is one of the factor analysis methods to examine the development levels of Turkey provinces based on regions and gave the results comparatively.

Karabulut et al. [11] carried out a hierarchical cluster analysis based on 54 socio-economic variables on Turkish provinces. In this study, squared euclid and pearson proximity measures were used to calculate distances. The single linkage clustering method was employed to create clusters between provinces. By selecting the number of clusters intuitively, 7, 8 and 15 clusters were tested and interpreted. As a result, 15 meaningful clusters found in Turkish provinces.

Kaygisiz et al. [12] found 5 clusters which is based on their data set in Turkish provinces by using Path and Cluster Analysis.

Filiz [13] applied various methods including discriminant analysis, principal components analysis, cluster analysis and multidimensional scaling analysis on a data set consisting of 16 socio-economic variables to choose optimal number of clusters in Turkish provinces. Consequently, 7 significant clusters were found.

Altiparmak [14] carried out a study which was based on factor analysis to compare 81 provinces in terms of social and economic indicators and assessed the results by using factors loadings.

Taner et al. [15] used 50 demographic variables which belong to 81 provinces to find significant homogeneous clusters. According to results of this study, Turkish provinces were grouped into 5 clusters.

Yılancı [16] applied fuzzy clustering and k-means clustering methods by using the data including 11 socio-economic variables. Based on results of this study, Turkish provinces were grouped into 2 clusters.

Yıldız et al. [17] used to 41 socio-economic variables to determine the development ranking of provinces in Turkey by using principal component analysis. The results were interpreted and compared for each province.

Çemrek [18] carried out a research to examine some variables which may be related with income and welfare of provinces in Turkey. The most important variables in welfare of Turkey citizens were determined by using canonical correlation.

Çelik [19] used 10 health variables to find the homogeneous clusters by using the data of 81 provinces. Different numbers of clusters including 7, 10 and 15, were considered and evaluated. Each of provinces was examined by observing the level of getting qualified health service.

Çınaroğlu and Avcı [4] applied hierarchical cluster analysis on 12 statistical region units in Turkey in terms of 26 different selected health care indicators and found 5 clusters.

Tekin [5] used hierarchical cluster analysis to find optimal numbers of clusters in terms of 16 health indicators. Ward linkage method was employed by using squared euclid distance. According to this study, the most significant clusters were found as 11th, 7th and 5th.

The aim of this study is to determine whether all individuals in Turkey access the health care services equally and homogeneously or not. For this purpose, the possible discrepancies and similarities were investigated. Likewise, the levels of provinces health care services were investigated by using the most common used cluster analysis approaches.

# 3. CLUSTER ANALYSIS

# 3.1. Basic Steps of Cluster Analysis

Cluster analysis is a technique to search patterns in a data set by grouping the (multivariate) observations into clusters and its goal is to find an optimal grouping so that observations within each cluster are similar, but clusters are dissimilar to each other as much as possible [20]. According to a different definition, cluster analysis is a technique used for combining observations into groups or clusters such that:

- Each group or cluster is homogeneous or compact with respect to certain characteristics. That is, observations in each group are similar to each other.
- Each group should be different from other groups with respect to the same characteristics: that is. observations af one group should be different from the observations of other groups [21].

Cluster analysis has been used so common in areas like computer sciences (web-data mining), life and medical sciences (genetics, biology, psychiatry etc), engineering (machine learning, image processing, electrical engineering), astronomy and earth sciences (geography, geology, remote sensing), social sciences (sociology, arkeology, antropology, psychology, education), economics (marketting, business, econometrics), statistics [22].

It is hoped to find the natural groupings that make sense to us in the data. Similarity measures are intensively used to create these groupings. The structural properties of different clustering algorithms affects the appropriate number of groups. Depending on these characteristics, it is critical and hard to

get the best results. Therefore, various algorithms have been proposed for this purpose by using the samples based on a set of observed data [20, 21, 23].

Although unsupervised learning algorithms like clustering do not require district assumptions about data set, some points should be checked to get better and reliable results. Firstly, inclusion of outliers may dramatically affect the results. Secondly, as well as the effect of outliers, multicollinearity is the another important issue because of referring near-linear dependencies between variables. The presence of multicollinearity can produce unstable results. That's why preprocessing is carried out before applying cluster analysis.

The most widely used and well-known clustering algorithms can be listed as

- k-means Clustering Algorithm
- Partitioning Around Medoids Algorithm (PAM)
- Hierarchical Clustering Algorithms

# 3.1.1. Element and variable selection

Cluster analysis results dramatically depend on the structure of data set. Selecting appropriate elements (units) is important. The best representation of population should be included to analysis. Inclusion of outliers (data points falling outside the general region of any cluster) should be avoided as much as possible so as to facilitate the recovery of distinct and reliable cluster structures, although they sometimes form a single cluster [24, 25]. In other respects, variable selection is as important as elements. Measuring them correctly is vital to get consistent and reliable results. Additionally, variables which have a high correlation each others or have same information on an equal basis should be omitted.

## **3.1.2.** Variable standardization

The units of variables which are used for clustering are usually different in many real life applications. The effect of including some variables having different scales may be severe on the clustering results. Variables with larger scales influences adversely the solution. For this reason, standardization or some other alike approaches are suggested. Besides, principal component analysis (PCA) can be used as a preprocess element to reduce the dimension or to get uncorrelated and signal variables.

#### **3.1.3.** Distance measures (similarity/dissimilarity)

The degree of proximity and distance between objects in a observed data set is the main and central problem to determine the clusters. In many clustering algorithms, the distance or dissimilarity matrix reflecting the quantitative measure of closeness is the starting point [26]. The most common used distance measure is squared euclid distance which has been also used in this study. It should be noted that the type of data is determinative when choosing the appropriate distance metric. While euclidean, squared euclidean, minkowski, manhattan distance measures are proposed for continuous or quantative data, jaccard, dice, hamming, russell-rao measures are appropriate for binary data. When mixed type of data set are being clustered, Gower distance can be used to calculate the distances between cases. To get more information about all similarity and distance measures, see [27, 28].

### **3.1.4.** Assessing clustering tendency

Before applying any clustering algorithm, it's important to evaluate whether the data sets contains meaningful clusters (i.e.: non-random structures) or not. If yes, then how many clusters are there. This process is defined as the assessing of clustering tendency or the feasibility of the clustering analysis [29, 30].

A big issue, in cluster analysis, is that clustering algorithms will return clusters even if the data does not contain any clusters. In other words, if you blindly apply a clustering algorithm on a data set, it will divide the data into clusters because that is what it supposed to do [30]. It is important to discover some clusters which exist in reality.

The Hopkins statistic is used to assess the clustering tendency of a data set by measuring the probability that a given data set is generated by a uniform data distribution. The problem of testing for clustering tendency can also be described as problem of testing for spatial randomness. Unlike statistic based cluster validity measures, a test for clustering tendency is stated in terms of an internal criterion and no a-priori information is brought into the analysis [31,32]. Let M be a real data set. The null and the alternative hypotheses are defined as follow:

Null hypothesis: The data set M has no meaningful clusters. Alternative hypothesis: The data set M contains meaningful clusters.

If the value of Hopkins statistic is close to zero, then we can reject the null hypothesis and conclude that the data set M is significantly a clusterable data [29, 30].

Hopkins statistics is used to measure the clustering tendency of data. As this statistics value is close to zero, one can be sure that the data set is clusterable. If the data set is not uniformly distributed or clusterable, its value will be equal to 0.5.

# **3.1.5.** The Choice of Clustering Algorithm

Choosing the clustering algorithm should consider four aspects when selecting a algorithms: First, the algorithm should be designed to recover the cluster types suspected to be present in the data. Second, the clustering algorithm should be effective at recovering the structures for which it was designed. Third, the algorithm should be able to resist the presence of error in data. Finally, availability of computer software for performing the algorithm is important [24, 25].

### **3.1.6.** Determining the Number of Clusters

In cluster analysis, the number of clusters in the data have to be estimated. Different methods or measures have been proposed to find it. Visual investigation such as plotting the value of measure against the number of clusters have been the most common but somewhat informal approach in this area [26]. Yet, there is no concensus among these criterions. The right choice of number of clusters will provide consistent and stabil results by using appropriate clustering algorithms.

# 3.1.7. Interpretation, Validation and Replication

The process of evaluating the results of cluster analysis in a quantitative and objective way is called cluster validation [25,32]. It has four main components [33]:

- 1. Determine whether there is non-random structure in the data.
- 2. Determine the number of clusters.
- 3. Evaluate how well a clustering solution fits the given data when the data is the only information available.
- 4. Evaluate how well a clustering solution agrees with partitions obtained based on other data sources.

The third component can be referred as internal validation while the fourth one as external validation. The possibility of finding some clusters even if actually there is no clusters in the data set is crucial. Therefore the first component is underlying in clustering [25,34].

#### 3.2. Hierarchical cluster analysis

Hierarchical clustering techniques may be subdivided into agglomerative algorithms, which proceed by a series of successive fusions of the n individuals into groups, and divisive algorithms, which separate the n individuals successively into finer groupings [20]. Both types of hierarchical clustering can be viewed as attempting to find the optimal step, in some defined sense at each stage in the progressive subdivision or synthesis of the data, and each operates on a proximity matrix of some kind. Hierarchical classifications produced by either the agglomerative or divisive route may be represented by a two-dimensional diagram known as a dendrogram, which illustrates the fusions or divisions made at each stage of the analysis [20, 23].

#### 3.2.1. Agglomerative Algorithm Linkage Algorithms

#### Single Linkage

The distance  $D_{ij}$  between two clusters  $P_i$  and  $P_j$  is the minimum distance between two points x and y, with  $x \in P_i$  and  $y \in P_i$  [35, 36]:

$$D_{ij} = \min_{x \in P_i, y \in P_j} d(x, y) \tag{1}$$

## Complete Linkage

The distance  $D_{ij}$  between two clusters  $P_i$  and  $P_j$  is the maximum distance between two points x and y, with  $x \in P_i$  and  $y \in P_i$  [36, 37]

$$D_{ij} = \max_{x \in P_i, y \in P_j} d(x, y)$$
<sup>(2)</sup>

#### Ward Linkage

Ward's algorithm minimizes the total within-cluster variance. At each step, the pair of clusters with minimum cluster distance is merged. This pair of clusters leads to minimum increase in total within-cluster variance after merging. The objective is to minimize the increase in the total within-cluster error sum of squares, E, given by

 $E = \sum_{m=1}^{g} E_m \tag{3}$ 

where

$$E_m = \sum_{l=1}^{n_m} \sum_{k}^{p_k} (x_{ml,k} - \bar{x}_{m,k})^2$$
(4)

in which  $\bar{x}_{m,k} = \frac{1}{n_m} \sum_{l=1}^{n_m} x_{ml,k}$  (the mean of the mth cluster for the kth variable),  $x_{ml,k}$ , being the score on the kth variable (k=1,...,p) for the lth object (l=1,..., n\_m) in the mth cluster (m=1,...,g) [36, 38].

#### Average Linkage

The distance  $D_{ij}$  between two clusters  $P_i$  and  $P_j$  is the mean of distances between the pair of points x and y, with  $x \in P_i$  and  $y \in P_j$ 

$$D_{ij} = \sum_{x \in P_i, y \in P_j} \frac{d(x, y)}{n_i x n_j}$$
(5)

where  $n_i$  and  $n_j$  are respectively the number of elements in clusters  $P_k$  and  $P_l$  [35, 36].

It is critical to find the best linkage algorithm in hierarchical clustering. For this purpose, The Agglomerative coefficient (AC) can bu used. This coefficient is proposed for measuring the clustering structure of the dataset. It is defined as for each observation i, denote by its dissimilarity to the first cluster it is merged with, divided by the dissimilarity of the merger in the final step of the algorithm. It can also be seen as the average width (or the percentage filled) of the banner plot [39, 40].

#### 3.3. Non-Hierarchical Cluster Analysis

#### 3.3.1. K-means clustering algorithm

k-means is an algorithm which has a iterative process based on minimizing the within-class sum of squares for a given number of clusters [23, 41]. The starting point of this process is the initial guess for cluster centers. Each observation in the clusters is assigned to which it is closest. The entire clustering process is applied by updating the centers and assigning the units according the distances to the each centers until the cluster centers no longer change after a certain step.

The summary of this process:

- 1. Determine the point depending on the number of desired cluster for creating initial centers.
- 2. Create new and temporary clusters by assigning each observation to the nearest cluster center
- 3. Calculate the heaviness of each temporary cluster and find the new cluster centers using it.
- 4. Investigate each observation whether it is placed the closest center, or not.
- 5. Repeat these steps until convergence or providing no longer change for all observations.

The objective function is given as:

$$E = \sum_{i=1}^{k} \sum_{x \in C_i} d(x, \mu(H_i))$$
(6)

where x is data matrix,  $H_i$  is each of clusters and  $d(x, \mu(H_i))$  is the distance function which means the distance from x data vector that belongs to  $H_i$  cluster to  $K_i$  cluster [23, 41].

Generally, the mean is used to determine the center of clusters. Also, euclidean or squared euclidean distances are used to find the distance from each unit to cluster centers.

### 3.3.2. K-medoids clustering algorithm

The k-medoids algorithm [39] is closely related with the k-means and the medoidshift algorithms. These algorithms are well-known and partitional algorithms.

K-means algorithm has been applied for minimizing the total squared error, while k-medoids minimizes the sum of dissimilarities between points labeled to be in a cluster and a point designated as the center of that cluster. The difference between k-medoids and k-means, k-medoids selects observed datapoints as centers (medoids). A medoid is a data point of a cluster, whose average dissimilarity to

all the other data points in the cluster is minimal i.e. it is a most centrally located data point in the cluster [39, 42]. The most common and used k-medoids clustering algorithms is the PAM algorithm which is also used in this study [39].

The K-means clustering algorithm is sensitive to outliers, because a mean is easily influenced by extreme values. PAM is a variant of k-means that is more robust to noises and outliers [30,39]. Instead of using the mean point as the center of a cluster, it uses an actual point in the cluster to represent it. Medoid is the most centrally located object of the cluster, with minimum sum of distances to other points. In other words, the purpose in PAM is to minimize a sum of general pairwise dissimilarities instead of a sum of squared Euclidean distances.

#### Algorithm of PAM

I. Initialize: Select k observed points as the cluster centers (medoids), randomly.

II. Assignment step: Make connection between each data point and the closest medoid.

III. Update step: For each medoid m and each data point o associated to m swap m and o and compute the total cost of the configuration (that is, the average dissimilarity of o to all the data points associated to m). Select the medoid o with the lowest cost of the configuration.

Repeat alternating steps 2 and 3 until there is no change in the assignments [39].

#### 4. EMPIRICAL CASE STUDY

#### **4.1. Description of the Data**

The data set including some health indicators for each province have been provided from a research report of the Ministry of Health of Turkey [7] and given in Table 1. In this report, basic exploratory results have been presented with many measures about health care services according to per province. This report was published in 2016. The latest and up to date data belongs to this year. All variables in this data set are numerical. The clustering methods which are used in this study require numerical data set because of being able to calculate euclidean distances. Therefore, it is appropriate to apply these methods.

It should be noted that İstanbul have the highest scores in all variables scores. Because of having a very special economic and geographic situation, it creates its own cluster in all clustering algorithms and conditions. Additionally, based on the reason which is mentioned in element and variables selection part in this study about including outliers İstanbul has been omitted from the data set. 80 provinces have been evaluated.

Table 1 Variables in Data Sat

Code	Explanation	Code	Explanation
x1	Province Name	x17	Bed Turnover Rate (%)
x2	#Specialist Physician	x18	Bed Transfer Range
x3	#General Practitioner	x19	#Total Population
x4	#Resident Physician	x20	Rural Population Rate
x5	#Dentist	x21	Urban Population Rate
x6	#Pharmacist	x22	Population Rate (0-14 Ages)
x7	#Nurse	x23	Population Rate (65+ Ages)
x8	#Midwife	x24	Youth Dependency Ratio (0-14 Ages)
x9	#Other Healthcare Personnel	x25	Elderly Dependency Ratio (65+ Ages)
x10	#ConsultingPer Physician	x26	#Hospitals
x11	#Consulting Per Dentist	x27	#Beds Per 10k
x12	#Number of Inpatient	x28	The Percentage of Qualified Beds
x13	#Days Spent in Hospital	x29	#Intensive Care Beds Per Capita
x14	#Operation	x30	<b>#Population Per Family Practice Center</b>
x15	Bed Occupancy Rate	x31	#Population Per 112 Stations
x16	#Average Staying Days	x32	#Population Per 112 Ambulance

#### 4.2. The Application of Cluster Analysis

### **4.2.1.** Applying Preprocessing

As mentioned before, preprocessing should be applied to the data set. Firstly PCA has been applied to get orthogonal components and to avoid the high dimensionality. Data dimension has been reduced to nine principal components explaining the variability by % 95. When applying PCA, standardization and centering have been done as default. This approach is utility on reducing negative effects causing both outlier and multicollinearity issues. Multicollinearity can not be existed when apply PCA by the reason of creating orthogonal components. High correlation is foremost indicator about multicollinearity. The correlation between principal components have to be zero. Additionally, outlier analysis process is carried out by using Mahalanobis distance. Based on this process, there is no critical outlier in the data set. The results are given in Appendix B. After preprocessing, aforementioned clustering methods have been applied to these nine principal components by using squared euclid distance via R package program [43].

#### 4.2.2. Assessing Clustering Tendency

In this study, the value of Hopkins statistics is found as 0.2676. This means that the data set is appropriate for clustering.

#### 4.2.3. Using and Comparing Hierarchical Clustering Results

Agglomerative coefficient has been used to compare hierarchical clustering algorithms. The results have been given in Table 2. The maximum AC value has been found as 0.930389 by using Ward linkage. After this step, Ward linkage has been used in hierarchical clustering.

Linkage Algorithm	AC Value
Single	0.742980
Complete	0.902474
Ward	0.930389
Average	0.871993

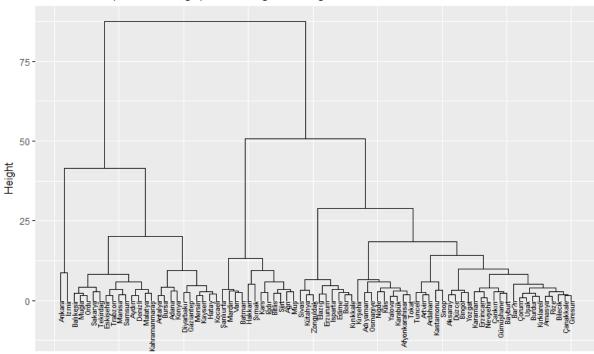
Table 2. Linkage Algorithms and AC Values

#### Determine The Number of Clusters via Dendrogram in Hierarchical Cluster Analysis

There is no concensus for determining the cutting point in a dendrogram. This point somewhat depends on the researcher and the data set. In other words, there is no definitive answer because of that cluster analysis is essentially an exploratory algorithm. The interpretation and examination of the hierarchical results is context-dependent and often several solutions are equally good from a theoretical point of view. Similar process and logic is conducted in this study.

In this study, several solutions are observed and evaulated. In later parts of this study more objective approaches are given for different clustering algorithms but before giving these results it may be useful to discuss several cutting points and results for the dendrogram plot based on Ward linkage which is given in Figure 1. In this plot, if cutting point is taken as 20, there would be five distinct clusters. If this point is placed between 25-40, the number of clusters would be four. Finally after increasing the height to 50, we would have three clusters. Generally speaking, it is observed that the number of clusters which are distinct and clear should be between three and five. In order to making useful interpretations, it is expected that every cluster should have enough observations. It should be considered that including just a few observations may affect the validation of the results.

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Hierarchical (Ward Linkage) Clustering Dendrogram Plot

Figure 1. Hierarchical (Ward Linkage) Clustering Dendrogram Plot

#### 4.2.4. Determining the number of clusters medoids by using cluster validity indices

Determining the number of clusters is the most important part of clustering. Although there is no common sense about this matter, many indices are developed to find and diagnose the ideal number of clusters. In this study, four cluster validity indices and within groups sum of squares (wss) methods have been used. The indices and explainations are given in Table 3. All details, definitions and interpretations about these cluster validity indices have been shared in [36, 44]. One can apply these validity indices to any clustering algorithms such as hierarchical agglomerative clustering, k-means and k-medoids by varying all combinations of number of clusters, distance measures and clustering algorithms [36].

Table 3.	The	Indices	and	Exp	lanations
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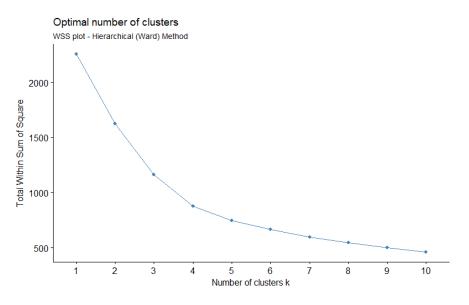
Indice	Explanation
1. "Krzanowski&Lai" [45]	Maximum value is better
<ol><li>"Caliński&amp;Harabasz" [46]</li></ol>	Maximum value is better
3. "Hartigan" [23]	Max. difference between hierarchy levels of the index
4. "Davies&Bouldin" [47]	Minimum value is better

Four indices have been applied to the data set. The findings clearly indicated that there are four distinct and significant clusters are suggested. Also was plot supports this results. It can be observed in Figure 2. The best values and corresponding suggested number of clusters based on these indices are given in Table 4. All indices values for the range between 2 and 15 clusters is given in Appendix A.

Table 4. Best Indice Values and Suggested Cluster Numbers

Algorithm	Best Indi	ice Value		- Suggested Number of Clusters	
Algorithm	KL	СН	DB	Hartigan	- Suggested Number of Clusters
Hierarchical	2,35558	39,72372	1,0164	12,8714	4 for All Indices
k-means	6,3407	41,7258	1,0237	12,5809	6 for KL; 4 for CH, DB and Hartigan
k-medoids	3,75515	41,53365	1.090984	10.04679	4 for All Indices

One alternative measure for determining the number of clusters is wss plot. This plot gives the change of wss according to the number of clusters. One should look for the location like a bend for the best number of cluster. After this point, it is expected that there will not be a significant change based on the rest of number of clusters. The wss plots drawn for hierarchical clustering, k-means and k-medoids algorithms have been given in Figure 2, Figure 3 and Figure 4. By observing these plots, suggested number of cluster is equal to four.





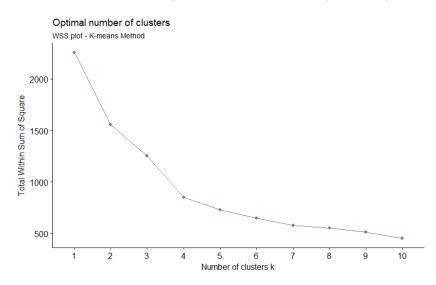


Figure 3. Wss plot for k-means clustering

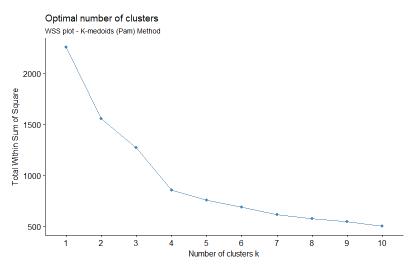


Figure 4. Wss plot for k-medoids clustering

## 4.2.6. Cluster validation

#### 4.2.6.1. Internal validation

Many internal validation measures have been proposed. Similar to determining the number of clusters in a data set, it is hard to say that there is an aggrement for all conditions and purposes. But silhouette width which also preferred in this study, has been used extensively. For interpreting these measures, it should be considered that the silhouette width should be maximized.

 Table 5. Comparison between Internal Validation Measure

Clustering Algorithm	Validation Measures	Score for 4 Clusters
Hierarchical	Silhouette	0.3037
k-means	Silhouette	0.3090
k-medoids	Silhouette	0.3033

It can be clearly seen in this table that k-means clustering algorithms slightly predominates to other algorithms under silhouette measure.

## 4.2.6.2. Stability Measures

Stability measures, a special version of internal measures, which evaluates the consistency of a clustering result by comparing it with the clusters obtained after each column is removed, one at a time. The average of non-overlap (APN), the average distance (AP), the average distance between means (ADM), and the figure of merit (FOM) are the most common and well-known stability measures [30, 48]. While APN measure has the interval [0,1], AD, ADM and FOM changes between zero and infinity. The minimization of each measures provides the best clustering results.

Clustering Algorithm	Validation Measures	Scores for (4) Clusters
	APN	0.1838
Hierarchical	AD	4.7575
Therarchical	ADM	1.2387
	FOM	1.6850
	APN	0.1555
K-means	AD	4.6206
K means	ADM	0.9253
	FOM	1.7056
	APN	0.2636
K-medoids	AD	4.8410
K-medolds	ADM	1.5204
	FOM	1.6853

 Table 6. Comparison of Stability Validation Measures

In reference to Table 6, k-means clustering outperforms the other algorithms under all stability measures except FOM. Under these measures, it has the lowest values. Hierarchical clustering has been found as best for just under FOM measure value. Last of all, k-means has been found as the best algorithm for this data set according to the majority of stability measures.

## **5. RESULTS**

As mentioned in the previous sections of this study, four meaningful and significant clusters have been found by using some cluster validity indices. The results of both internal validation and stability measures indicate that k-means clustering algorithms is the most suitable for this data set. Therefore, it has been applied to the data set for k=4. Because of high dimensions, first two principal components has been used to observed the results visually. The graph is given in Figure 5. Cluster informations such as size and members can be seen in Table 7. Finally cluster centers for original scaled data set are given in Table 8. Cluster centers correspond to the vector fo means of each variable in a cluster.

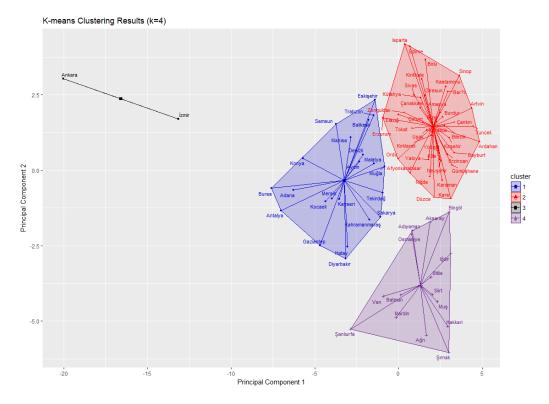


Figure 5. Cluster Memberships of Hierarchical Clustering

Cluster {Size}	Members	Cluster {Size}	Members	
Cluster 1 {2}	Ankara İzmir	Cluster 2 {22}	Adana Antalya Aydın Balıkesir Bursa Denizli Diyarbakır Eskişehir Gaziantep Hatay Mersin	Kayseri Kocaeli Konya Malatya Manisa Kahramanmaraş Muğla Sakarya Sakarya Samsun Tekirdağ Trabzon
Cluster 3 {41}	AfyonkarahisarGümüAmasyaIspart.ArtvinKarsBilecikKastaBoluKırklaBurdurKırşelÇanakkaleKütahÇankırıNevşeÇorumNiğdeEdimeOrduElazığRizeErzincanSinopErzurumSivasGiresunTokat	i Uşak Yozgat reli Zonguldak reli Bayburt ir Karaman ya Kırıkkale hir Bartın Ardahan Yalova Karabük Kilis Dürce	Cluster 4 {15}	Adıyaman Ağrı Bingöl Bitlis Hakkari Mardin Muş Siirt Şanlıurfa Van Aksaray Batman Şırnak Iğdır Osmaniye

## Table 7. Clusters and Members of Hierarchical Clustering

Table 8. Cluster Centers with Original Scale

Cluster	1	2	3	4
Specialist Physician	7810	1288	277	270
General Practitioner	2251	779	343	229
Resident Physician	3144	356	26	76
Dentist	2630	418	80	89
Pharmacist	2096	525	124	120
Nurse	11046	2853	812	763
Midwife	2986	1072	279	315
Other Healthcare Personnel	10468	2775	834	839
Consulting per Physician	9	9	7	9
Consulting per Dentist	1	1	0	1
Number of Inpatient	787076	275752	86663	60773
Days Spent	3756360	1057741	271436	269939
Number of Operation	362166	94507	21013	18929
Bed Occupancy Rate	69	72	60	66
Average Staying Days	5	4	3	4
Bed Turnover	53	69	71	57
Bed Transfer Range	2	2	2	2
Total Population	4785032	1459719	584658	355049
Rural Population Rate	1	4	38	46
Urban Population Rate	99	96	62	54
Population Rate (0-14 Ages)	20	23	34	20
Population Rate (65+ Ages)	9	9	5	12
Youth Dependency Ratio (0-14 Ages)	28	35	55	30
Elderly Dependency Ratio (65+ Ages)	12	13	8	19
Number of Hospital	71	26	10	10
Number of Bed per 10k	31	28	20	28
Ratio of Qualified Beds	49	63	74	65
Number of Intensive Care Bed per Capita	4	4	3	3
Population per Family Practice Center	3387	3243	3306	3083
Population per 112 Station	44135	34836	30582	19034
Population per 112 Ambulance	25125	19336	11645	8427

# 6. CONCLUSIONS AND DISCUSSIONS

This study set out to get some useful insights about accessing health care services between Turkey provinces. The results show that four clusters exist in Turkey provinces in terms of accessing these services. Cluster analysis revealed that citizens living in different provinces have not equal opportunities to get enough health services.

Despite cluster analysis exploratory nature, this study offers some insights into issues about health rights. In general, it seems that all the members of Cluster 1 & Cluster 2 are metropolises in Turkey. 24 of 30 metropolises in Turkey constitute these two clusters. It can be said that the quality of services is proportional with the development level of provinces. Mardin, Van, Şanlıurfa, Erzurum and Ordu provinces are exceptional. Although each of these provinces is a metropolis, they are below in terms of health service opportunities compared with the other metropolises.

The empirical findings in this study provide a new understanding of the levels of health services in Turkey. When examining the centers of clusters in Table 8, clustering results can be categorized into first level for Cluster 1 and similarly fourth level for Cluster 4. Lower level means better health services. Specificially most of members in Cluster 4 are located in the eastern and the southeastern anatolia regions. It is known that there are some lacks of opportunities because of regional issues in these regions. While most of the provinces in cluster 1 & 2 are located in the west of Turkey, almost all of the eastern provinces which have lower or lowest health indicator scores are included in cluster 4. The third cluster results have a moderate position between these two separations according to the cluster centers.

Consequently, some suggestions related with health services may be introduced. It would be useful to look for the ways which can balance these disparities on health services between provinces. The east provinces should be funded to move forward the economic levels of these provinces. By motivating civil society organizations and academicians to do research on this matter may be beneficial and provide better insights to resolve the health sector problems.

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### **APPENDIXES**

Appendix A. Cluster Validity Indices and Values for Different Cluster Numbers

	k	KL	СН	DB	Hartigan
	2	0,70840	30,28279	1,4976	17,7368
	3	1,35100	36,13868	1,2869	37,3416
	4	2,35558	39,72372	1,0164	12,8714
	5	1,70037	37,86064	1,0436	9,0922
	6	1,00609	35,31188	1,1232	8,8833
	7	1,37824	33,83445	1,2054	6,3751
ierarchical	8	0,96824	32,23034	1,2479	7,8977
lier ar cincai	9	1,05587	31,23317	1,2276	4,2481
	10	0,97121	30,51831	1,2153	4,5164
	11	1,42774	30,19718	1,207	6,0828
	12	0,93620	29,45296	1,1688	7,2106
	13	1,28897	29,04177	1,0656	3,9248
	14	0,97352	28,41967	1,0556	4,4818
	15	1,14363	27,99481	1,0834	3,6343
	2	1,9868	35,1855	1,4444	18,8622
	3	0,4062	30,8772	1,3355	36,1098
	4	4,127	41,7258	1,0237	12,5809
	5	1,4489	39,0987	1,2026	9,4638
	6	1,053	36,6237	1,1769	8,7564
	7	1,7294	35,1096	1,2761	6,045
k-means	8	0,663	32,9913	1,2643	7,5358
K-means	9	6,3407	32,3748	1,2947	2,9643
	10	0,2411	29,8815	1,2594	5,3243
	11	0,9322	29,0503	1,2165	5,5054
	12	1,5998	28,5965	1,1389	3,9698
	13	1,8682	27,6618	1,1334	2,7194
	14	0,5522	26,3798	1,2089	3,6847
	15	2,6077	25,7304	1,2288	2,1162
Dom	2	0,95778	35,05710	1.356483	17.73934
Pam	3	1,48149	39,56545	1.268066	38.03599
			024		

4	3,75515	41,53365	1.090984	10.04679
5	1,43605	36,95039	1.392098	7.300226
6	3,60705	33,39535	1.619447	8.998696
7	0,14455	29,70813	1.595953	4.944107
8	2,40677	29,63178	1.341798	4.105301
9	0,74311	28,05652	1.271905	6.84791
10	0,90102	27,31365	1.248767	3.356672
11	1,39389	27,05249	1.186856	6.268196
12	0,63082	26,43769	1.154338	5.893722
13	3,47531	26,93201	1.131464	5.628311
14	0,49406	25,82170	1.162242	4.284865
15	1,05444	25,59464	1.191507	4.930126

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# Appendix B. Mahalanobis distances for each province

Province	Mahalanobis Distance	Province	Mahalanobis Distance
Adana	10,2129	Konya	3,7026
Adıyaman	5,2329	Kütahya	9,2282
Afyonkarahisar	4,4161	Malatya	10,0358
Ağrı	8,9538	Manisa	5,4698
Amasya	8,8500	Kahramanmaraş	2,7034
Ankara	54,8602	Mardin	8,6804
Antalya	7,2251	Muğla	8,3022
Artvin	8,4693	Muş	9,1464
Aydın	3,7180	Nevşehir	6,4781
Balıkesir	6,6970	Niğde	3,7277
Bilecik	9,9808	Ordu	4,5444
Bingöl	7,7556	Rize	8,1777
Bitlis	5,3094	Sakarya	6,9663
Bolu	21,8144	Samsun	6,7815
Burdur	3,1345	Siirt	9,4724
Bursa	6,7857	Sinop	9,4180
Çanakkale	6,5815	Sivas	7,4770
Çankırı	8,6932	Tekirdağ	7,8448
Çorum	1,9543	Tokat	2,4917
Denizli	3,5163	Trabzon	5,5336
Diyarbakır	7,8941	Tunceli	12,3993
Edirne	8,6321	Şanlıurfa	11,4735
Elazığ	11,2747	Úşak	6,4577
Erzincan	2,2941	Van	8,1625
Erzurum	15,7843	Yozgat	7,7576
Eskişehir	7,1936	Zonguldak	2,3600
Gaziantep	6,4901	Aksaray	9,4581
Giresun	8,9365	Bayburt	17,2620
Gümüşhane	7,5101	Karaman	4,6981
Hakkari	22,1107	Kırıkkale	12,2969
Hatay	3,7345	Batman	7,0845
Isparta	11,2588	Şırnak	13,1138
Mersin	4,7657	, Bartın	14,9656
İzmir	17,8494	Ardahan	8,8290
Kars	7,3250	Iğdır	8,3280
Kastamonu	12,3569	Yalova	13,7395
Kayseri	5,4351	Karabük	7,5364
Kırklareli	8,3192	Kilis	15,0111
Kırşehir	6,6924	Osmaniye	12,1420
Kocaeli	5.9578	Düzce	5,7668
Threshold Value = $\chi$	$r^{2}_{(0,001,21)} = 61.1$		,